



# Brain Highways Jumpstart Classes

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## Questions and Answers

### 1. What is the goal of a Jumpstart Class?

The goal is to prepare participants to enter the Pons Class with ease and success.

### 2. What are the criteria for deciding who begins with a Jumpstart Class, rather than a Pons Class?

Placement is not based upon whether a child has a diagnosis. Rather, all participants are assessed at Community Drop-in sessions (see [www.brainhighways.com](http://www.brainhighways.com) for more information). If the assessment determines that the child's present neurological development does not indicate immediate, successful participation in the pons classes, the jumpstart class is offered.

### 3. What is the commitment of Jumpstart Class participants?

Parents of children enrolled in the Jumpstart Class agree to do the following:

- Implement the at-home component for a minimum of one hour daily
- Enlist a team of "assistants" to initially help with the at-home component (until the child can do the movements independently)
- Attend all classes
- Enroll the child in the pons and midbrain classes, as recommended by the Brain Highways staff, without taking any breaks

### 4. How many participants are in a Jumpstart Class?

The maximum number of participants is six. By enrolling a small number of participants, the staff can individualize, as needed. Small classes also reduce the probability of over-stimulation from too much background noise.

### 5. What is the ratio of staff to participants?

The ratio of Brain Highways staff to participants is high: 3:1. Jumpstart classes also incorporate peer volunteers to assist with various activities and to interact with participants.

### 6. What are the prerequisites before participants begin their first Jumpstart Class?

- The child is assessed at a Community Drop-in session.
- The parent attends the mandatory pre-class training meeting.
- The parent begins a small portion of the at-home component with his or her child.
- The parent, child, and the rest of the "team" (enlisted to help with the at-home component) participate in a 30-minute private session.

### 7. What day/time is the Jumpstart Class offered?

The class meets on Thursdays, from 3:00-3:40, for an eight-week session.

### 8. What is the cost of a Jumpstart Class?

The total fee for the Jumpstart Class is \$750. This includes the parent training meeting, private session, and eight jumpstart classes, as well as participation in Drop-in sessions and additional support (via email, phone calls, conference), as needed. The class fee can be divided into two payments, with the first half (\$375) paid at the time of enrollment and the remaining balance paid at the fourth week of the Jumpstart Class.

## Upcoming Jumpstart Class Dates and Times

- **Mandatory Parent Meeting: Tuesday, March 18, 10:30-12:00**
- **Private Session: April 1 (a 30-minute session scheduled sometime between 3:00-5:30)**
- **First day of Class: April 3, 3:00-3:40; Last day of Class: May 22**

